

Church at Home for Abridge


7th June 2020

Activities for the whole family

Matthew 28:16-20



1. Today is also known as **Trinity Sunday**. Here is a song that helps us understand what God is like – three-in-one and one-in-three: [The Trinity Song](#)
2. Today's **Bible story**



Bible Passage

Today we will be exploring together, the story of the Great Commission and thinking about the Holy Trinity.

You can find the story in your Bible in:

Matthew 28:16-20

Read the story together – choose a Bible translation or children's story version which best suits your group.

What do you like best about this story?

Which part is the most important part?

What is special about this story for you today?

What puzzles you about this story?



Jesus said:
'Go and make disciples baptising them in the name of the Father, the Son and the Holy Spirit.'

Discussion

A question for adults to ask children

What is the Holy Trinity? What do you know about God the Father, Jesus and Holy Spirit?

Even though there is only one God, God himself is made up of three persons – God the father, God the son and God the Holy Spirit. When Jesus was on the earth, he told his disciples to baptize people in the name of "the Father and the Son and the Holy Spirit" – Jesus wants everybody to know all three aspects of the Holy Trinity.

Jesus said he wanted to know God in the same way that he did, as a father loves his son. Jesus himself came to the earth fully God and fully human, he lived his life as an example for us to follow and died to take the punishment for our sins. Holy Spirit is our helper, God living in us and helping us to live right for God and know God near.

A question for children to ask adults

What different sides are there to who you are?

Our children will know us as mum or dad, but there will be aspects of us they do not know – why not share about who you are to your friends or to others at work.

Family Activity 1

Go and... find triangles

Jesus gave his disciples a mission to go and make followers throughout the world. Here is a mission for your family today.

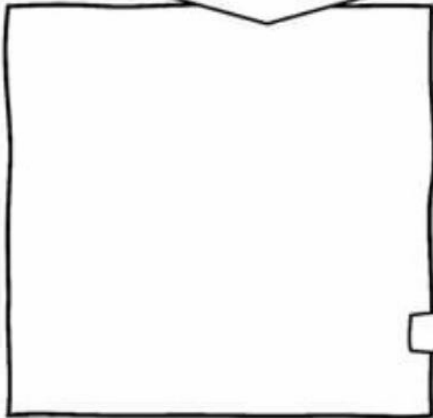
Go around your house and garden looking for things that come in threes or which have three sides. Visit each room in the house and give yourself one minute to find as many items as you can which are triangle shaped or have three parts to them. How many can you find in each room?



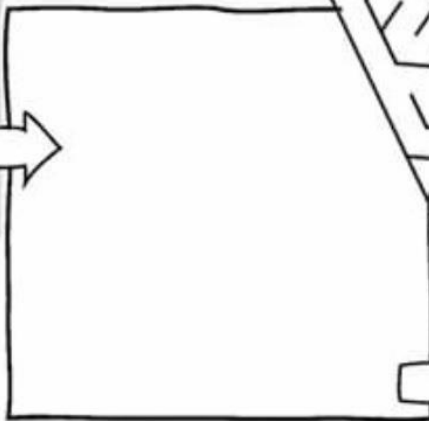
Puzzle Sheet

Can you find your way to the centre of the maze?

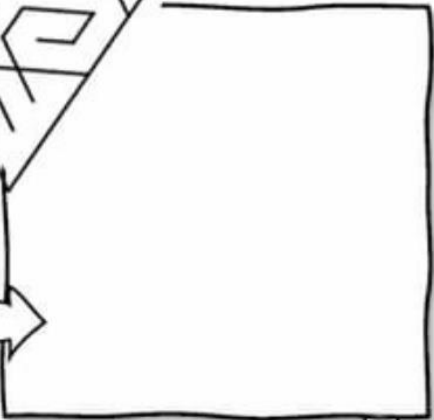
Jesus told his disciples to go and share his story around the world. Draw your own pictures to help others understand who God is!



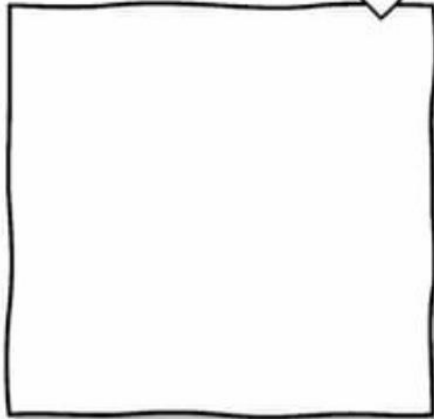
God created the world and everything in it. God wants to be friends with each one of us.



But people sinned and turned away from God.

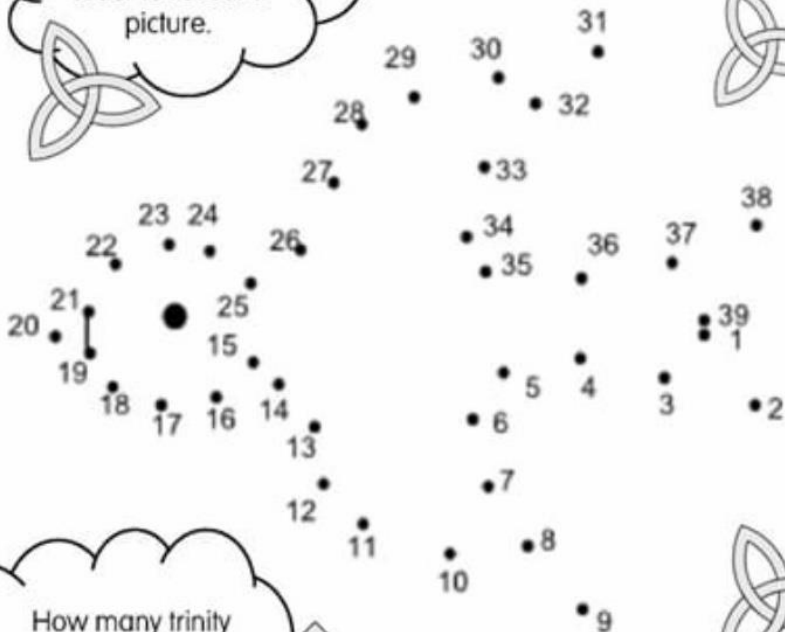


God sent his son Jesus to show us how to live for Him and to take the punishment for all our sins.



Jesus sent the Holy Spirit to be our helper as we continue to share God's love with others.

Join the dots in order to reveal a picture.



How many trinity knots can you find on the page?

There are 7 trinity knots hidden on the page.