



Church at Home for Abridge

Trinity 3

28th June 2020

Matthew 10: 40-42

Further resources for worship and reflection

The sacrament of giving and receiving

Read through the Gospel again slowly, remembering that this is Jesus speaking to you this morning.

Before reading the questions and reflections below, listen to [I arise today – a sung version of the prayer of St Patrick](#) noting the different ways that Christ comes to us....the many ways we can receive Jesus.

Thinking of the Gospel verses:

What is this reward that Jesus keeps speaking about? How do his references to prophets and righteous people relate to his main point? What is his main point? Who are the ones rewarded in this passage? What encouragement do you take from what Jesus is saying?

Many of us are missing communion – the breaking of bread and drinking of wine together.

In communion we remember Jesus but we also recognise and receive Jesus...it is a means of grace.

But we can also receive Jesus through giving and receiving from each other, whether that is in the giving and receiving of a good deed, an encouraging word or a cup of water.

Jesus tells us that God is in our giving and our receiving.

[We receive Jesus when we receive 'one of these his little ones' \(Matthew 18:5\)](#)

[We receive Jesus when we welcome strangers \(Hebrews 13:2 and also Genesis 18\)](#)

[We receive Jesus when we listen to God's messengers and receive their ministry \(Matthew 10: 40-42\)](#)

[We receive Jesus when we care for those in need \(Matthew 25: 37-40\)](#)



Sacrament is like the two words sacred and moment put together.

**It is a holy exchange:
God gives Jesus to us
We pass on Jesus to others
We receive Jesus through others
Jesus brings God to us all**

How long, O Lord
How long?
No bread, no wine,
no togetherness.
How long, O Lord, will it be,
before we can again
experience the sacrament
and share a sacred moment
with You?



How often, my child,
How often,
come the opportunities
to serve and to sacrifice,
to receive and to give!
These are sacred moments,
true sacraments,
in which you can
experience my grace in Christ
each and every day.